

April 21, 2004

To Whom It May Concern:

Bodic is one of the most amazing fitness programs out there today.

I have experienced many training programs, but for me there is none like Bodic. This program not only improves flexibility, balance and strength, it also helps the cardiovascular system tremendously. The relaxation portion of Bodic is wonderful.

This program has enhanced my body to where I look and feel ten years younger.

Sincerely,

Duane J. Dyson, M.D.,

**Medical Director** 

**Emergency Services**